

Your monthly dose of Sidecar Health updates

Health plan pulse

March 2025 **EDITION**



March Member Success Webinars

RSVP for an upcoming session

March is here, and it's the perfect time to make the most of your plan. Whether you're using it for the first time or need a refresher, we're here to help. Join one of our virtual sessions this month for expert tips on saving money and maximizing your plan. If you're on a family plan, your spouse and dependents are welcome, too. As a thank-you, every attendee has a chance to win a \$50 Amazon gift card — one winner will be randomly selected at the end of each session.

Claim your spot here:

- Wednesday, 3/12 @ 6PM ET
- Wednesday, 3/19 @ 12PM ET



Your Digital Member ID Card

Easy to access in your member portal

Where to find it: Just click "ID cards" from your main dash

When to use it: Your digital ID card makes it easy to share your plan details with providers. With just a click, you can download and send it via email or text straight from your member portal.

Visiting a no-swipe provider, receiving care at the E.R., or have additional health **insurance?** Your provider will bill us directly using the digital ID card for billing instructions.



Member reminder of the month

Your health, your choice — we approve 99% of claims

At Sidecar Health, your health decisions are in your hands. We approve 99% of claims because we believe you and your doctor should decide what's best for your care.

Any questions? Your dedicated Member Care team is here to help.

Chat with a real human 7 days a week on our website or at (855) 282-0822 Mon-Fri: 8am-8pm ET, Sat-Sun: 9am-5pm ET

Or send us a message anytime from your inbox in the member portal.